



SATISFACTORY ACADEMIC PROGRESS SUCCESS PLAN INFORMATION SHEET

Most college students face academic challenges at some point in their undergraduate career. Many times these challenges have to do with a lack of time management and organization; being unsure about the best study methods for your learning style; not knowing how to study to perform at the higher levels of learning as required at the college level; and feeling lots of stress.

The purpose of the academic success plan is for you as the student to create a personal recipe for success at UNCG. It is our hope that you can create a plan utilizing both on- and off-campus resources that will help you address these challenges and provide you with doable strategies to overcome them.

All students who have been unable to achieve the requirements outlined in the Satisfactory Academic Progress Policy for Financial Aid Eligibility must submit an academic success plan when appealing for financial aid reinstatement. Please review the information below for assistance with creating your academic success plan.

Your academic success plan **MUST** include your full name, student ID number, and must be labeled as your academic success plan.

Step 1: Identify the obstacles you encountered last semester that hindered your academic success:

In reviewing your academic performance, what obstacles negatively impacted your grades? Make sure you describe and discuss the obstacles you faced in your academic success plan. See examples of obstacles below:

Academic Obstacles:

Ineffective study skills, undeveloped time management skills, unprepared for exams and why, what worked in high school doesn't work anymore, hard to concentrate/daydreaming, difficult classes/not prepared for course level, conflict with professor, unable to understand course content or find important information, poor reading skills, poor study skills

Personal/Other Obstacles:

Financial difficulties, health problems, hard to get out of bed in the morning, use or abuse of alcohol or other substance(s), possible learning disability, difficulty sleeping at night, pressure, stress, anxiety, tension, excessive time spent online, family issues

Step 2: Generate potential solutions for overcoming the obstacles you described and discussed:

Think about possible solutions for overcoming the obstacles you describe in your academic success plan. Make sure you list and discuss potential solutions for overcoming the obstacles you faced in your academic success plan. See examples of potential solutions below:

- I will meet with my academic advisor to discuss my schedule and develop a plan for success.
- I will utilize the major and career exploration resources in the Career Services Center and Students First Office.
- I will get to know my professors and ask for help if I am having difficulty in my course(s).

- I will seek counseling at The Counseling Center to discuss my personal concerns and issues.
- I will meet with someone in the OARS Office (Office of Accessibility Resources and Services) regarding any disability and necessary accommodations.
- I will contact the Learning Assistance Center to request tutoring services and/or academic skills assistance.

What are other solutions not listed here that will help you to be successful in the future? For more ideas on campus resources, take a look at the Campus Resources Brochure published by the Financial Aid Office:

<http://fia.uncg.edu/forms/2014-15/14CampusResources.pdf>

Step 3: Commit to workable and achievable solutions:

What are the most achievable solutions you are willing to try? How will these solutions help you? What changes will you need to make to achieve your goals? What will these solutions require of you in terms of time and effort?

Be SMART about developing your potential solutions to overcoming your obstacles.

S – Specific: Make your goal as specific as possible.

M – Measurable: Be sure that your goal is measurable.

A – Attainable: Set goals that you can achieve.

R – Realistic: Set goals that are realistic.

T – Timely: Establish a timeline for reaching your goal.

Make sure you think about these important questions and goal setting tips and discuss them in your academic success plan.

If you have additional questions or would like to talk with an academic advisor about your academic success plan, please contact the Students First Office. To schedule an appointment, you can call (336) 334-5730 or email students@uncg.edu